

CHEER 3 DAY

YOUTH CAMP

DAY 1		FUN DAY		DAY 3		NOTES
REGISTRATION		BREAKFAST		BREAKFAST		
9:00	Orientation & Intros	9:00	Cheerobics/Team Time Spirit Chants	9:00	Cheerobics/Team Time Spirit Chants	
9:30	Youth Dance - First Half Spirit Break					
10:15	Cheer Basics Coaches' Meeting	9:30	Jump Class	9:30	Jump Class	
10:45	Cheer/Chant Class	10:00	Cheer & Chant Class *Game Time Focus Coaches' Meeting	10:00	Cheer & Chant Class Coaches' Meeting	
11:30	Fun Ribbons Camp Details & Rules	11:00	Formation/Transition Class	11:00	Herkie Says	
		11:30	Sideline Dance 1	11:15	Stunt Class	
LUNCH		LUNCH		LUNCH		
12:30	Spirit Spot Activity	12:30	Pyramid Workshop	12:30	Practice Time with Coach	
12:45	S.P.O.T. & Safety First Stunt Class	1:00	Dance Class Coaches' Meeting	1:00	Sideline Dance 3	
1:30	Youth Dance - Second Half	1:45	Spirit Break	1:30	Spirit Break	
1:45	Spirit Break	2:00	Cheer & Chant Review	1:45	Cheer & Chant Review	
2:00	Cheer & Chant Review	2:15	NCA PRIMETIME	2:15	NCA PRIMETIME	
2:15	NCA PRIMETIME	2:45	Evaluations	2:45	Evaluations	
2:45	Evaluations	3:15	Spirit Sticks	3:15	Spirit Sticks	
3:15	Spirit Sticks	3:30	Team Time & Games	3:30	Team Time & Games	
3:30	Team Time & Games	4:00	Closing	3:50	Closing	
4:00	Closing	4:15	Camp Counselor Meeting	4:00	Tally Ho	
4:15	Camp Counselor Meeting					
REMINDER		REMINDER		<h1>2012</h1>		
Tomorrow is FUN DAY! Dress in your craziest clothes through dinner.		Say goodbye to your buddy... tomorrow is the last day of camp!				

Going for the Gold at NCA Summer Camps