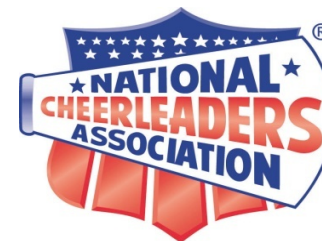


CHEER 4 DAY

Resort Camp

DAY 1		DAY 2		FUN DAY		DAY 4	
REGISTRATION		BREAKFAST		BREAKFAST		BREAKFAST	
9:00-12:00 - REGISTRATION		8:15	Captains' Class	8:15	Captains' Class	9:00	Final Evaluation
1:00	Opening Rally	8:30	Cheerobics	8:30	Cheerobics		*Repeat any NCA Cheer & Chant
1:30	Spirit Dance		Team Time		Team Time		
	Coaches' Meeting		Coaches' Meeting		Coaches' Meeting		
2:00	Camp Cheer/Chant Class	8:45	Jump Class			9:45	Optional Competitions
2:30	Buddy Time	9:15	Cheer & Chant Class	8:45	Cheer & Chant Class		Sign-ups
	Individual help with material		*Game Time Focus		* Performance Focus		*Champion Chant
3:00	Jump Technique Class	9:45	Stunt Class	9:30	Stunt Class		(No Entrance, 3-3-3)
3:45	Sideline Dances 1 & 2	10:45	Specialty Classes	10:30	Specialty Classes		*Game Time Top Team
4:15	Coaches' Meeting with NCA Buddy		*Choose Your Class		*Choose Your Class		(Game Day Entrance, Crowd Response Cheer, Restricted Skills)
	Team Time	11:15	NCA PRIMETIME Sign-up	11:20	NCA PRIMETIME Sign-up		*Performance Top Team
	Camp Details & Rules	11:30 - LUNCH		11:30 - LUNCH			(Entrance, Any Cheer, Showcase Team Skills)
4:30 - DINNER		1:00	NCA PRIMETIME	1:00	NCA PRIMETIME		
			*Informal Evaluation		*Informal Evaluation		
6:30	S.P.O.T. & Safety First	2:00	Evaluations	2:00	Evaluations		
6:45	Core Stunts & Skill Check		*Evaluation on Game Time	2:30	Sideline Dance 3		
	Gatorade Break	2:30	Cheer & Chant	2:45	All-American Tryouts	10:45	Cheer and Chant Review
7:30	First Night Feedback	3:30	Basket Builders	3:30	Material Review		Dance Showcase
	*Material, Stunts, Fight Song	4:00	Material Review		*Cheers, Chants & Dances		
8:00	Game Time Entrance	4:15	*Cheers, Chants & Dances	4:00	Spirit Sticks	11:15	Awards & Closing
	Explanation & Demo			4:15	Team Time		
8:05	Spirit Sticks	4:30 - DINNER		4:30 - DINNER			
8:15	Team Time						
	Safety Awareness Test	REMINDER		REMINDER			
REMINDER		Don't forget that tomorrow is GAME TIME , show your school spirit!		Tomorrow is FUN DAY! Dress in your craziest clothes through dinner.			

2012



This Camp Type Offers Evening Off!!!