


CHEER 2 DAY

HOME CAMP

DAY 1	NOTES	FUN DAY	NOTES
<p>REGISTRATION</p> <p>9:00 Introductions 9:15 Cheerobics 9:30 Spirit Dance 10:00 Camp Cheer Chant Class 10:45 S.P.O.T. & Safety First 11:00 Core Stunts & Skill Check 11:45 Team Time Dance Showcase</p> <p>LUNCH</p> <p>1:00 Specialty Class *Choose Your Class</p> <p>2:00 Jump Technique Class 2:40 First Day Feedback *Material, Stunts, Fight Song</p> <p>3:10 Material Review 3:40 Team Time Safety Awareness Test</p> <p>REMINDER</p> <p>Tomorrow is FUN DAY! Dress in your craziest clothes through dinner.</p>	<h1>2012</h1>	<p>BREAKFAST</p> <p>9:00 Team Time 9:10 Cheerobics 9:30 Jump Class</p> <p>10:00 Cheer & Chant Class *Game Time Focus</p> <p>10:45 Stunt Class 11:45 All-American Sign-ups</p> <p>LUNCH</p> <p>1:00 All-American Warm-up 1:30 Sidelines Dances 2:00 NCA PRIMETIME *Informal Evaluation 2:30 Final Evaluation *Game Time Cheer & Chant 3:15 Material Review *Cheers, Chants & Dances 3:30 Team Time 3:45 Awards & Closing</p> <p>REMINDER</p> <p>Say goodbye to your staff... today is the last day of camp!</p>	

Going for the Gold at NCA Summer Camps