



# NCA College Nationals Cheer Performance Outline Sheet

School Name: \_\_\_\_\_

Division: \_\_\_\_\_

Category	5-6 Skills / (#)	6-7 Skills / (#)	7-8 Skills / (#)	8-9 Skills / (#)	9-9.5 Skills / (#)	9.5-10 Skills / (#)
Partner Stunts						
	1	1	1	1	1	1
	2	2	2	2	2	2
	3	3	3	3	3	3
	4	4	4	4	4	4
	5	5	5	5	5	5

Category	5-6 Skills / (#)	6-7 Skills / (#)	7-8 Skills / (#)	8-9 Skills / (#)	9-10 Skills / (#)
Tumbling					
	1	1	1	1	1
	2	2	2	2	2
	3	3	3	3	3
	4	4	4	4	4
	5	5	5	5	5

Pyramids					
	1	1	1	1	1
	2	2	2	2	2
	3	3	3	3	3
	4	4	4	4	4
	5	5	5	5	5

Basket Tosses					
	1	1	1	1	1
	2	2	2	2	2
	3	3	3	3	3
	4	4	4	4	4
	5	5	5	5	5

Jumps					
	1	1	1	1	1
	2	2	2	2	2
	3	3	3	3	3
	4	4	4	4	4
	5	5	5	5	5