


CHEER

ALL-STAR CAMP

*Subject to Change

DAY 1		DAY 2		FUN DAY		DAY 4	
REGISTRATION		BREAKFAST		BREAKFAST		BREAKFAST	
2:00	Opening Rally Camp Rules	8:15	Captains' Class	8:15	Captains' Class	9:00	Final Evaluation *Entire Mini Routine
2:30	The Jam Coaches' Meeting	8:30	Team Time Cheerobics Coaches' Meeting	8:30	Team Time Cheerobics Coaches' Meeting	9:45	Optional Competitions *Performance Top Team (Entrance, Mini Routine, Showcase Team Skills)
3:15	All-American Cheer	8:50	Jump Technique Class	9:00	Jump Class	10:30	Top Gun Finals *If necessary
4:00	Buddy Time Individual help with material	9:30	Stunt Class	9:45	Stunt Class	10:45	Material Review The Jam Dance Showcase
4:45	Coaches' Meeting with Buddy Team Time Camp Details	10:30	Showmanship/Sportsmanship	10:45	Pyramid Workshop	11:15	Awards
DINNER		11:30	Dance Showcase	11:30	Dance Showcase	11:45	Closing
7:00	Optional Home Cheer Evaluation	LUNCH		LUNCH			
7:35	S.P.O.T. & Safety First	1:30	Practice Time with Coach	1:30	Practice Time with Coach		
7:50	Core Stunts Skill Check	2:00	NCA PRIMETIME *Informal Evaluation on 1st 1/2 of the Mini Routine	2:00	NCA PRIMETIME *Informal Evaluation on entire Mini Routine		
8:35	Spirit Sticks	4:00	Basket Builders	4:00	Specialty Classes *Dances/ Open Stunts		
8:45	Team Time Safety Awareness Test	4:45	Top Gun - Jumps & Tumbling	DINNER			
REMINDER!		7:00	Evaluations *First 1/2 of the Mini Routine	6:45	Stretch & Warm-up		
		7:30	Specialty Classes *Dances/ Open Stunts	7:00	All-American Tryouts		
		8:35	Spirit Sticks	7:30	Practice Time		
		8:45	Team Time	7:50	Top Gun - Dance & Stunts		
				8:25	Spirit Sticks		
				8:35	Team Time		
REMINDER!		REMINDER!		REMINDER!			
Organize all material for tomorrow's evaluation!		Tomorrow is FUN DAY! Dress in your craziest clothes through lunch.		Say goodbye to your buddy.... tomorrow is the last day of camp!		2012	

Going for the Gold at NCA Summer Camps